



PYMBLE CATHOLIC PARISH

SACRED HEART & OUR LADY OF PERPETUAL SUCCOUR

Building a Christ-centred community of Love and Mercy



Pymble Parish is under the Pastoral care of the Salvatorian Fathers.



Fourth Sunday of Advent

Awaiting Baby Jesus

My heart is beating, filled with joy,
awaiting Mary's baby boy.
For with this child, we embrace
the birth of God's most precious grace.

Baby Jesus, soon to come!
For us comes the Promised One.
Baby Jesus, God's own Son,
you will be the Chosen One

to lead our flock into salvation.
Our eternal life awaits.
The birth of Jesus brings us nearer
Heaven's holy gates.

Sing with joy, and count the days,
for soon to come, the Lord we'll praise.
Rejoice that Jesus will soon arrive,
the Messiah and our faith alive.

Amen.



A warm welcome to all our
Parishioners who are
celebrating the Eucharist
with us this weekend.

There are currently no capacity limits
at our Churches.

Pope Francis' Prayer Intention for December



Catechists

Let us pray for the catechists, summoned to
announce the Word of God: may they be its
witnesses, with courage and creativity and in
the power of the Holy Spirit.

Contact Us

Please inform the Parish Office if you have re-
cently changed your address, phone number or
email.

For Parishioners who give via credit card, please
let us know if your credit card has expired or if
you have changed your card.

Thank you!



Prayer for the Intercession of Blessed Francis Jordan

Lord Jesus Christ, Saviour of the world, you called Francis
Mary of the Cross Jordan to be your apostle, to make God
known and loved by all people everywhere, using all the
means your love inspires. You filled him with universal
apostolic zeal, with a deep trust in God's loving providence,
with a profound spirit of prayer, with a sincere devotion to
Mary, Mother of the Saviour, and with the courage to
follow you, even into the mystery of the Cross.

Grant also to me the grace to proclaim the Gospel in this
spirit, and make me an effective apostle in today's world.

Through the intercession of Blessed Francis Jordan, I pray
to you for my special needs (*include your personal
intention*). I make this prayer through you, my Saviour, who
lives and reigns with the Father and the Holy Spirit, forever
and ever. Amen.

www.pymblecatholicparish.org.au

If you have used this bulletin, please take it home with you

Parish Team

Pastoral care

Salvatorian Fathers

Parish Priest: Fr. Boguslaw Loska SDS

Email: fr.boguslaw@pymblecatholicparish.org.au

Assistant Priest: Fr Christopher Kowalczyk SDS

Email: fr.chris@pymblecatholicparish.org.au

Parish Staff

Parish Secretary: Daniela Foote

Email: daniela@pymblecatholicparish.org.au

Assistant Secretary: Claudia Chen

Email: claudia@pymblecatholicparish.org.au

Youth Coordinator: Melanie Benbow

Email: melanie@pymblecatholicparish.org.au

Sacramental & CCD Coordinator: Melanie Benbow

Email: melanie@pymblecatholicparish.org.au

Parish Mass Times

Sacred Heart

2 Richard Porter Way, Pymble NSW 2073

Weekdays:

Tuesday to Friday 9:00am

Rosary: Tuesday to Friday after morning Mass

Exposition of the Blessed Sacrament: Friday after morning Mass

Weekend:

Saturday (Vigil Mass): 5:30pm

Sunday: 7:45am, 9:30am and 6:00pm

Reconciliation: Friday 8:30am, Saturday 5:00pm

Sunday 5:30pm

Our Lady of Perpetual Succour

64 Kendall St, West Pymble, NSW, 2073

Weekdays:

Tuesday: 12pm

During School Term as advertised in the Parish weekly calendar section

Weekend:

Saturday: 9:00am and 5:00pm (Vigil Mass)

Sunday: 9:00am

Reconciliation: Saturday 9:30am

Contact details

Address: 2 Richard Porter Way, Pymble, NSW 2073

Postal address: PO BOX 231 Turramurra NSW 2074

Telephone: (02) 9144 2702

Email: office@pymblecatholicparish.org.au

Website: www.pymblecatholicparish.org.au

Office hours: Monday to Thursday 8.30am to 4.00pm

Friday 8.30am to 1pm

For information about Baptisms and Weddings please contact Daniela in the Parish Office.

For information about the sacraments of Confirmation, Reconciliation and First Eucharist, please contact Melanie on melanie@pymblecatholicparish.org.au

PARISH PRIMARY SCHOOLS

SACRED HEART

Principal: Mrs Mary Hor

Telephone: (02) 94408056

www.shpddb.catholic.edu.au

OUR LADY OF PERPETUAL SUCCOUR

Principal: Mrs Sue Host

Telephone: (02) 9498 6060

www.olpsddb.catholic.edu.au



Pymble Parish COVID Update

Based on the current Public Health Orders, both Sacred Heart and OLPS will be open to all, and in accordance with the health regulations, the vaccination status of people who attend our churches, or who undertake a ministry in them, will not need to be verified.

The following will apply to our Churches:

- **There will not be a density limit on our Churches, Parish office or meeting rooms.**
- Congregational singing will now be possible at our liturgies.
- Masks will no longer be compulsory but strongly recommended where you can not socially distance.
- **It is essential that anyone visiting our churches use the QR code to register their visit, sanitize, and always wear a mask where social distancing is not possible.**
- COVID safe practices related to the celebration of our liturgies will continue as follows:
 - Avoiding the handling of objects by multiple persons;
 - The Chalice will not be shared; Holy Communion for the Faithful is to be under one species only;
 - The Sign of Peace should only be given by a simple bow or nod of the head;
 - Those who wish to receive Holy Communion on the tongue will be asked to wait until the end of the Communion Procession.

We thank you for your patience and unwavering support for our Parish during this time. Please contact the Parish Office on 9144 2702 or office@pymblecatholicparish.org.au if you have any questions.

How can we help you?

Our Parish is prepared to assist those parishioners that might need some extra help and support during these difficult times. We are here for you!

Here are some of the things that we could do for you:

- Post letters or small parcels.
- Pick up some groceries and/or medicines.
- Cook a plate for you and drop it at your home.
- Other... please let us know how else we might be able to help you.

Please contact the Parish office

info@pymblecatholicparish.org.au or by phone at

(02) 9144 2702



Lighting the Advent Wreath

Fourth Candle - The Candle of Love



Meditation: "Blest is she who trusted that the Lord's words to her would be fulfilled." (Luke 1:45)

Priest: In the Fourth Week of Advent, we consider Mary's trust in God's promise, her joy in His goodness to her. We ask, "Am I ready to receive and celebrate the coming of the Son of God?" We have considered our relationships, our love of God and God's love for us, and we have responded with an awakened concern for the needs of others. Now we may echo Mary's words:

"My being proclaims the greatness of the Lord.

My spirit finds joy in God my Saviour."

(Light all four candles)

Priest: Almighty and loving God, soon the whole world will celebrate the birth of Your Son, Jesus. Even as we rejoice in our remembrance of His birth at Bethlehem, we find greater comfort in His promise to come again. May our preparations for this wondrous season remain with us, increase in us, and become as much a part of us as our breathing and our heartbeat. Then, may we say, "Come, Lord Jesus, we are ready."

All: Amen.

PARISH PRAYER ZONE

Praying for others gets our focus off ourselves and onto the needs of those around us. As we "carry each other's burdens," we "will fulfil the law of Christ" (Galatians 6:2). Praying for each other makes us stronger and helps us to grow our faith and Christian love.

Recently Deceased:

Robert Timmins, Betty Borg, Denis Glanville, Peter Goh, Joseph Jacob, Florencia Santa Maria, John Pacak, Moyra Mitchelmore, Martin Gilsenan, Jaqueline Sweeney, Paula Freeman, Robert Ramsey, Fr James Duck, John English, Charles Pak, Joyce Spark, Christopher Drinkwater, Rudolf Ruhidin Arsyadi.

Death Anniversaries:

Arthur Wood, José Antonio Sanchez, Wayne Simpkins, Julian Costa Silva, Johnny D'Souza, Franciszek Lucjan Skrodzki, Joan Catherine Bernie, Bernardino Castillo, Joan Catherine Bernie, Egbert Fernandes, Jim Hussin, Katherine & Les Cashman, Serafin Peralta, Joe Dias, Lois Rae, Peter Yeong Ying Siew, Ron Chandler, Anne Hanna.

Prayers for the sick:

Peter Brassil, Pease Family, Joe Pulis, Margaret Day, Juliana Cho, Catherine Haydon, Vincent Tan, Monica Cavanagh, Marietta Tomoe, Kevin Parsons, Marionne MacRitchie, Anthony Hernandez, Steve Barrum, Colleen Hussin, Owen Thomas, Suzanne O'Sullivan, Mel Pegg Weir, Doreen Landers, Aaron Moll, Lloyd Victor, Richard Fillingham, Joanne Fernandes.

Weekly prayer intention:

We pray for all refugees and migrants who have travelled to a new country seeking a new life, that they are brought safely to the place they long to be. And help us always to show your kindness to strangers and those in need. Amen.

If you would like the names of your relatives to be included in the prayer list (anniversary of deaths, recently deceased, illnesses, wedding celebration or anniversaries, birthdays, etc.) please contact the Parish Office by midday each Wednesday. Remember that due to privacy policy, names of the sick can only be put on the bulletin with permission of the immediate family. This list will be updated every month and we would appreciate if we are advised of any updates. Thank you.

PARISH WEEKLY CALENDAR

There is the limit of 260 people at SH Church and 130 people at OLPS Church at any time.

Sunday, 19 December	5:00pm Mass at Sacred Heart
7:45am Mass at Sacred Heart	5:00pm Mass at OLPS
9:00am Mass at OLPS	7:00pm Mass at Sacred Heart
9:30am Mass at Sacred Heart & Fundraising BBQ	9:00pm Mass at Sacred Heart
6:00pm Mass at Sacred Heart	
Tuesday, 21 December	Saturday, 25 December
9:00am Mass at Sacred Heart	Christmas Day
7:00pm Parish Reconciliation Night	12:00am Midnight Mass at SH
	7:45am Mass at Sacred Heart
	9:00am Mass at OLPS
	9:30am Mass at Sacred Heart
	5:00pm Mass at OLPS
	5:30pm Mass at Sacred Heart
Wednesday, 22 December	
9:00am Mass at Sacred Heart	
11:00am Mass at Southern Cross	
Thursday, 23 December	
9:00am Mass at Sacred Heart	
Friday, 24 December	
Christmas Eve	
9:00am Mass at Sacred Heart	
	Sunday, 26 December
	Feast of the Holy Family
	7:45am Mass at Sacred Heart
	9:00am Mass at OLPS
	9:30am Mass at Sacred Heart
	6:00pm Mass at Sacred Heart



Keep in touch with us

Register to receive email updates from different groups within the Pymble Parish

flocknote.com/pymblecatholicparish



We welcome to Pymble Parish
the newest member of our community

Olivia Barbero

who will be Baptised
this weekend at our Parish.



Volunteering at your Parish is a special opportunity to join in Parish Life and share your time and talents with others. There are many different options available for you to consider. Music, flower arranging, youth work, becoming a catechist, reading at mass and many other opportunities to get involved. Many of our parishioners have been involved in various ministries for years and would love to welcome new members.

We are currently in need of more volunteers in the following ministries at both churches:

- o Readers and a ministry coordinator for Sacred Heart
- o Catechist
- o Counters (counting the collection after weekend masses)
- o Music
- o Projectors
- o Children's Liturgy
- o Altar Society

If you would like to volunteer or need more information simply contact the parish office at 9144 2702 or via email at office@pymblecatholicparish.org.au

December Broken Bay News

The December issue of Broken Bay News has arrived. Copies are available at the back of both Churches.

For an electronic copy, please follow this link:

www.bbcatholic.org.au/news/broken-bay-news/broken-bay-news-editions/december-2021



PARISH RECONCILIATION NIGHT

Everyone is encouraged to join us for this special celebration in preparation for Christmas. Reconciliation will take place on **Tuesday, 21 December 2021** between **7 and 8pm** at **Sacred Heart Church**. A number of priests will be available on the evening.

"To celebrate the sacrament of reconciliation means to be wrapped in a warm embrace" Pope Francis



Pymble Parish Office Christmas Break

The Parish Office will be closed from
Thursday, 23 December 2021 to Tuesday, 4 January 2022.

The Office will reopen on
Wednesday, 5 January 2022 at 8:30am.

Contact details:

(02) 9144 2702

office@pymblecatholicparish.org.au

www.pymblecatholicparish.org.au



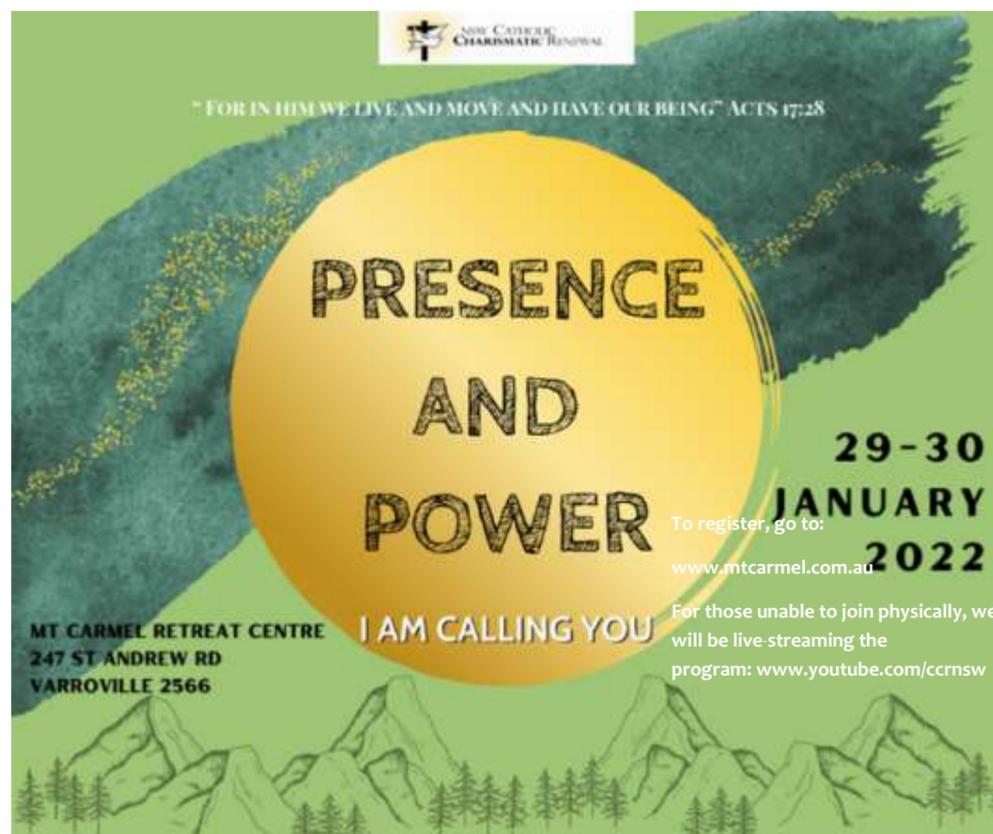
Baptisms at Pymble Parish

If you would like to know or if you have any questions about the Baptism process in our Parish, please contact the Parish office on 9144 2702 or office@pymblecatholicparish.org.au
Our upcoming Baptism Formation Class will be held on

Tuesday 25 January 2022

7:30pm at the Sacred Heart Church

Bookings are essential.



Opłatki Christmas Wafers



The tradition of the Opłatki originated in Poland during Early Christian times. This Christmas custom began with a simple white wafer, baked from flour and water. The wafers are wonderfully designed to display Christmas images, such as the Nativity.

Opłatki Christmas wafers are available in our Parish. Please speak to one of our Priests or contact the Parish office if you would like to take home the wafers for your Christmas celebration.

Christmas at Pymble

Copies of the **Parish Christmas Calendar** are available at the back of both churches and in our parish Web site:

www.pymblecatholicparish.org.au

Volunteers needed for Christmas Services

If you are able to help out with during this special occasion in our Church, please contact the Parish Office or follow the following link to sign up: <https://signup.zone/christmas-pymbleparish>. You can also sign-up on the Volunteer Sign Up form available at the back of both Churches.

We are looking for Readers, Eucharistic Ministers and Wardens for all our Christmas services at Sacred Heart and OLPS.

Pope Francis on the Fourth Sunday of Advent

Today, the Fourth and last Sunday of Advent, the Liturgy wants to prepare us for Christmas, now at the door, by inviting us to meditate on the Angel's Annunciation to Mary. The Archangel Gabriel reveals to the Virgin the Lord's will that she become the mother of his Only-Begotten Son: "you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great and will be called the Son of the Most High" (Lk 1:31-32). Let us fix our gaze on this simple girl from Nazareth, at the moment she offers herself to the divine message with her "yes"; let us grasp two essential aspects of her attitude, which is for us the model of how to prepare for Christmas....

Let us entrust ourselves to the intercession of our Mother and of St Joseph in order to experience a truly Christian Christmas, free of all worldliness, ready to welcome the Saviour, God-among-us.



Pope Francis at Angelus, St Peter's Square in 2014

Position Vacant—Personal Assistant to the Vicar General, Office of the Bishop

- Permanent, part-time position (4 days per week, 9:00am to 5:00pm)
- Role split between Pennant Hills and Chatswood locations

The Catholic Diocese of Broken Bay, under the leadership of Bishop Anthony Randazzo, serves the People of God in the northern regions of Sydney, North Shore, Northern Beaches and NSW Central Coast.

To obtain a copy of the position description or for further details, please contact recruitment@bbcatholic.org.au.

If you are interested in applying please send your CV and a brief cover letter addressing the skillsets required for this role to recruitment@bbcatholic.org.au.

Applications close **Wednesday 22 December 2021**. Contact to be made with candidates and interviews mid-January 2022.

COLUMBAN CALENDARS

2022 Columban Calendars are available for purchase this weekend at \$10.00 per calendar.

If the piety stall is not attended, please place money in the poor box.



Anointing of the Sick

Unfortunately, due to the current climate, we will not be holding a Healing Mass and Christmas morning tea this year.

If you would like to receive the Sacrament of the Anointing of the Sick in your home, please contact the Parish Office on:

9144 2702 or office@pymblecatholicparish.org.au

Become a catechist in 2022!

Catechist or Scripture Teachers bring the message of God's kingdom through effective evangelisation by delivering quality Special Religious Education to Catholic students in State Government schools.

Our Parish is in need of new scripture teachers. Some of our classes are very large and we could also use an assistant. **Can you help?**

Please contact Melanie at melanie@pymblecatholicparish.org.au for a commitment free discussion.



PYMBLE PARISH

Christmas Break

Parish Groups taking a break over the Christmas New Year period will resume as below

- RCIA: Tuesday, 18 January 2022
- Charismatic Prayer Group: Tuesday, 1 February 2022
- Bible Study: Friday, 28 January 2022
- Taize Group: TBA
- Youth Off The Streets: Friday, 18 February 2022
- Online Rosary: TBA

We wish everyone all the blessings of Christmas



Liturgy of the Word

Fourth Week of Advent

Year C

Entrance Antiphon

Drop down dew from above, you heavens,
and let the clouds rain down the Just One;
let the earth be opened and bring forth a
Saviour.

First Reading

Mi 5: 1-4

A reading from the prophet Micah

The Lord says this:

You, Bethlehem Ephrathah,
the least of the clans of Judah,
out of you will be born for me
the one who is to rule over Israel;
his origin goes back to the distant past,
to the days of old.
The Lord is therefore going to abandon them
till the time when she who is to give birth
gives birth.
Then the remnant of his brothers will come
back
to the sons of Israel.
He will stand and feed his flock
with the power of the Lord,
with the majesty of the name of his God.
They will live secure, for from then on he will
extend his power
to the ends of the land.
He himself will be peace.

Responsorial Psalm

**(R.) Lord, make us turn to you;
let us see your face and we shall be saved.**

- O Shepherd of Israel, hear us,
shine forth from your cherubim throne.
O Lord, rouse up your might,
O Lord, come to our help. (R.)
- God of hosts, turn again, we implore,
look down from heaven and see.
Visit this vine and protect it,
the vine your right hand has planted. (R.)
- May your hand be on the man you have
chosen,
the man you have given your strength,
And we shall never forsake you again:
give us life that we may call upon your
name. (R.)

Second Reading

Heb 10: 5-10

A reading from the letter to the Hebrews

This is what Christ said, on coming into the
world:

You who wanted no sacrifice or oblation,
prepared a body for me.
You took no pleasure in holocausts or
sacrifices for sin;
then I said,
just as I was commanded in the scroll of the
book,
'God, here I am! I am coming to obey your
will.'

Notice that he says first: You did not want
what the Law lays down as the things to be
offered, that is: the sacrifices, the oblations,
the holocausts and the sacrifices for sin, and
you took no pleasure in them; and then he
says: Here I am! I am coming to obey your
will. He is abolishing the first sort to replace it
with the second. And this will was for us to
be made holy by the offering of his body
made once and for all by Jesus Christ.

Gospel Acclamation

Alleluia, alleluia!
I am the servant of the Lord:
may his will for me be done.
Alleluia!

Gospel

Lk 1: 39-45

A reading from the holy Gospel according to Luke

Mary set out and went as quickly as she
could to a town in the hill country of Judah.
She went into Zechariah's house and greeted
Elizabeth. Now as soon as Elizabeth heard
Mary's greeting, the child leapt in her womb
and Elizabeth was filled with the Holy Spirit.
She gave a loud cry and said, 'Of all women
you are the most blessed, and blessed is the
fruit of your womb. Why should I be
honoured with a visit from the mother of my
Lord? For the moment your greeting reached
my ears, the child in my womb leapt for joy.
Yes, blessed is she who believed that the
promise made her by the Lord would be
fulfilled.'

Gospel Reflection

Do you recognise the indwelling presence of
the Lord Jesus in your life? Blessed are you if
you see and recognize the Lord with the
"eyes of faith". The word "blessed" [makarios
in Greek] literally means "happiness" or
"beatitude". It describes a kind of joy which is
serene and untouchable, self-contained, and
independent from chance and changing
circumstances of life.

God gives us supernatural joy with hope in his promises

There is a certain paradox for those "blessed"
by the Lord. Mary was given the
"blessedness" of being the mother of the Son
of God. That blessedness also would become
a sword which pierced her heart as her Son
died upon the cross. Anselm, a great teacher
and Archbishop of Canterbury (1033-1109),
spoke these words in a homily: "Without
God's Son nothing could exist; without
Mary's son, nothing could be redeemed." To
be chosen by God is an awesome privilege
and responsibility. Mary received both a
crown of joy and a cross of sorrow. Her joy
was not diminished by her sorrow because it
was fuelled by her faith, hope, and trust in
God and his promises.

Jesus promised his disciples that "no one will
take your joy from you" (John 16:22). The

Lord gives us a supernatural joy which
enables us to bear any sorrow or pain and
which neither life nor death can take away.
Do you know the joy of a life given over to
God in faith and trust?

They were filled with the Holy Spirit

What is the significance of Mary's visit to her
cousin Elizabeth before the birth of Jesus?
When Elizabeth greeted Mary and
recognized the Messiah in Mary's womb
they were filled with the Holy Spirit and with
a joyful anticipation of the fulfillment of
God's promise to give a Saviour. What a
marvellous wonder for God to fill not only
Elizabeth's heart with his Holy Spirit but the
child in her womb as well. John the Baptist,
even before the birth of the Messiah,
pointed to his coming and leaped for joy in
the womb of his mother as the Holy Spirit
revealed to him the presence of the King to
be born.

The Lord wants to fill each of us with his Holy Spirit

The Holy Spirit is God's gift to us to enable
us to know and experience the indwelling
presence of God and the power of his
kingdom. The Holy Spirit is the way in which
God reigns within each of us. Do you live in
the joy and knowledge of God's indwelling
presence with you through his Holy Spirit?

**Lord Jesus, fill me with your Holy Spirit
and give me joy in seeking you more
earnestly. Increase my faith in all your
promises, my hope in the joy of heaven,
and my love for You as my All.**

© 2021 Servants of the Word, source: dailyscripture.net
author Don Schwager.

Pymble Parish Roster 25/26 December 2021

Sacred Heart (Pymble)	Saturday 5.30pm	Sunday 7.45am	Sunday 9.30am	Sunday 6.00pm
Acolytes	T McLeod	R Shankland	C Wawrzyniak	A Wahab
Altar Servers	Volunteers needed	Volunteers needed	Volunteers needed	Volunteers needed
Readers	Volunteers needed	Volunteers needed	Volunteers needed	Volunteers needed
Music	Volunteers needed	Quiet Mass	Volunteers needed	Volunteers needed
Projector	Volunteers needed	Volunteers needed	Volunteers needed	Volunteers needed
Counters	26 December: C Gwynn / P Meers / M Boland			
Altar Society	25 December: V Lloyd / R Sudiro			
OLPS (West Pymble)	Saturday 5.00pm	Sunday 9.00am		
Acolytes	G Lynch	M D'Silva		
Altar servers	A Pease T Seymour	B & A Halpin		
Readers	Volunteer needed	I Chisholm		
Music and Projector		M Mead K Haddrick		
Altar Cloth	25 December: A Glover			
Altar Society	25 December: A Glover			

PLEASE NOTE: If your name is on the roster but you are not able to attend Mass, please organise someone to replace you or contact the Parish Office. Wherever possible stay 1.5 metres apart, wear a mask and practise good hand hygiene. **Please stay home if you are feeling unwell or if you are experiencing cold or flu symptoms.**

Children's Corner



When Mary heard that her much older cousin Elizabeth was with child, she hurried to Elizabeth and Zechariah's house in the hills of Judea. Can you help Mary find the correct path to her cousin Elizabeth?



DE-CODE ELIZABETH'S MESSAGE

Use the key below to find out what Elizabeth said to Mary.

- | | | | | |
|--------|--------|--------|--------|--------|
| A - 20 | F - 25 | K - 19 | P - 17 | U - 5 |
| B - 12 | G - 1 | L - 22 | Q - 26 | V - 4 |
| C - 6 | H - 3 | M - 14 | R - 2 | W - 13 |
| D - 10 | I - 9 | N - 11 | S - 15 | X - 21 |
| E - 18 | J - 24 | O - 7 | T - 8 | Y - 23 |
| | | | | Z - 16 |

20 15 15 7 7 11 20 15 9 3 18 20 2 10

23 7 5 2 1 2 18 18 8 9 11 1

14 23 12 20 12 23 12 18 6 20 14 18

3 20 17 17 20 20 11 10 14 7 4 18 10

18 9 8 3 9 11 14 18

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Counselling and Psychotherapy

Individuals may seek support for relief from:

- Emotional disturbances such as depression, anxiety and stress
- A history of failing relationships
- Difficulty in forming new relationships
- Trauma, grief, or life crisis
- Fear of phobias
- Loss of meaning

You can call me on 0403 453 620 or contact me by email at:
kyliecullen@gmail.com

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Hamilton Funerals is a family business owned and operated by Adam and Michael Flanagan. We aim to fulfil the needs of our clients in the most dignified, professional yet personal way.



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